



The Grapevine

CAROL'S COMMENTS

This Lenten season the Amity and Sheridan congregations are joining together to share a Lenten Study that will center around food. That seems a bit at odds with our view of food and Lent. After all, there is a long tradition of fasting--or at least restricting our consumption of certain foods--during Lent. The purpose of Shrove Tuesday was to use up all the "goodies" from your pantry, including sugar, fat and eggs. The use of those foods was restricted during the ritual fasting of Lent.

The Lenten Study will use Michael Pollan's book, Food Rules: an Eater's Manual. The book examines our culture's views on food and the changes that have been made in our eating habits in the past three generations. We will look at John Wesley's views on eating and the Methodist tradition of fasting a day or two a week. We will also examine our cultural view of consuming food as "recreational eating." Surely "fast food" must fit into that category.

While we will not forego our soup and bread on Wednesday nights, perhaps our study and our discussion will bring a greater mindfulness to our enjoyment of our food. We welcome all who are interested to join us in our Wednesday evening study.

May you have a blessed Lenten season,

Pastor Carol

GOLDEN THREADS

Then Jesus was led up by the spirit into the wilderness to be tempted by the devil.

- Matthew 4:1

Jesus was all human and all divine. He chose to come to earth and made the sacrifice of being human so that we could identify with him. He understands the temptations that we have as we live our lives because he, too, was tempted.

Lent is a season of confronting those temptations and overcoming them. We can become stronger in small things, such as watching what we eat, stopping smoking and spending our time more productively. We can become stronger in important areas, such as being faithful in our prayer and study time. These forty days can change your life forever.

Take the time to test yourself this Lenten Season. Pray for strength. You will be blessed in surprising ways.

WORSHIP SERVICE TIMES

**MCCABE - 9:30 AM,
SUNDAY SCHOOL 8:45AM
SHERIDAN - 9:30
AMITY - 11:15 AM
AA - AMITY UMC, TUESDAYS 7 PM**

**CHECK OUT OUR WEBSITE AT
WWW.YRCUMC.ORG. THE PICTURES
ARE BEAUTIFUL! IF YOU HAVE
INFORMATION TO PUT ON THE SITE,
SEND IT TO ANNE HARDIN BALLARD
AT YRCUMC@YAHOO.COM.**

**PLEASE CALL THE PASTOR AT
HOME TO LEAVE A MESSAGE:**

**PASTOR MARGARET: 503-474-1996
CELL PHONE: 971-241-1285
MAGOLDEN2@VERIZON.NET
PASTOR CAROL: 503-897-4509
CAROLSWANSON99@GMAIL.COM**

AMITY EVENTS

- Mar. 3- 5:00-6:00 pm-Lent Study/Soup Supper
- Mar. 7 - Rev. Lisa Jean Hoefner - guest preacher
- Mar. 10-5:00-6:00 pm-Lent Study / Soup Supper
- Mar. 11 - 6:00pm-Soup Supper, 6:30pm-Committee Meetings, 7:00pm-Amity Council Meeting
- Mar. 12 - Men's Prayer Breakfast
- Mar. 14 - 3:00-5:00pm-Youth Group at Amity UMC
- Mar. 17 - 5:00-6:00 pm-Lent Study/Soup Supper
- Mar. 20 - 10:00am-Amity Church Work Day
- Mar. 24 - 5:00-6:00 pm-Lent Study/Soup Supper
- Mar. 27 - 10:00am-Amity Church Work Day -

FOR YOUR CALENDAR

- March 3: Bible Study 10 am
- March 7: Holy Communion
- March 14: Confirmation Class 10:50 am
- March 17: United Methodist Women
- March 19-21: Revitalizing Ministry Workshop at McMinnville Co-op
- March 28: Palm Sunday, Confirmation Class

LOOKING AHEAD

- Maundy Thursday Seder Meal, April 1, Amity 6pm
- Good Friday Service, April 2, Amity 7pm
- Sunrise Service, April 4, at sunrise

MARCH BIRTHDAYS:

Amity

- Mar. 6 Mildred Rowland
- Mar. 19 Darlene McKee
- Mar. 23 Andrew Klein - Y
- Mar. 27 Ken Rosenbalm

McCabe

- Mar. 13 – Frances Hay
- Mar. 14 – Sam Slater
- Mar. 15 – Steve Cone
- Mar. 17 – Caroline Hetrick
- Mar. 18 – Gracie Scott
- Mar. 18 – Isabel Scott
- Mar. 19 – Lee Propp
- Mar. 28 – Stan Christensen
- Mar. 30 -- Lonnie Green

PRAYER LIST:

- Families: children, parents, grandparents
- Law enforcement officers – firefighter – emergency workers
- Kate Conolly, our District Superintendent
- Bishop Hoshibata
- Time to Grow Major Funds Campaign, benefiting our camping program
- Our pastors, Carol and Margaret